The Inner Grove – Seeking a Symbol

A Dedicant Path Through the Wheel of the Year meditation

By Rev. Michael J Dangler

Take a moment, and find your center. Draw a breath in, hold it for a moment, and exhale.

Watch your breath for a time. Let your breath flow: in, and out. In, and out.

And prepare to do the work of magic.

As we have done before, draw those mists about you. Let it flow into your senses, touching them, making itself known. Recall that it is cool, but not cold; light, perceptible; colorless, yet full of color; formless, yet with shapes that arise and fall away.

Be surrounded by the mist, wrapped up in that cloak.

And now, as it has for you before, let that mist pull back. Let it reveal the Grove you know is there, in the magical world, the space within you, the space before you.

See that you are in that clearing, where the fire burns upon the altar to warm you, where the song of the Earth arises from the well, where the tree stands to support the cosmos and offer you shelter.

Take a moment now, and experience this place.

[drumming]

Now, let us prepare to do some work and explore the space around this Grove. Notice at the edge, a path that flows out into the trees, and is lost in them.

Feel the safety of this path. Feel the way that it calls to you. And now, in your vision eye, move out. Down this path, away from your Grove.

Follow it as it goes through the trees. Perhaps sunlight dapples the path, or moonlight, or simply starlight. Perhaps it is dark, perhaps it is light. Let it be the path that you need it to be.

Take note of what you see here. Mark your way mentally as you walk, and continue down the path, moving forth, until you come to yet another clearing.

Look around you. See what there is in this space. Take note of the trees or the rocks. Feel the earth below your feet, whether it is muddy or sandy. And search: look for the reason that you were drawn to this space.

Somewhere among the rocks or the grass or the trees, seek out a symbol: a sign of some form. Something that draws you. Something that brightens your vision eye.

Let that symbol, when you find it, fill your vision. If you can pick it up, or feel it, or touch it, do this as well. Experience it, understand it.

And take a moment now, to be with it.

[drumming]

Having held the symbol now, looked it over, committed it to memory, we now prepare to return to the Grove.

The path may be the same, or it may be different. You may be able to bring your symbol along, or you may have to leave it where it is, but take that path back to your Grove.

Know that the path is one that you can walk with confidence and ease, that it will draw you back to your inner space.

And when you return to your Grove, when you stand there once again at the fire, the well, and the tree; find there, in the midst of these three great symbols of our work, find there, your symbol as well.

It is here for you whenever you should need it, to meditate up on, to think about, to consider. It is a signpost along the way, one that will guide you and draw you forth into deeper magic, and deeper work.

Carry this symbol in your vision eye, and in your heart, and in your hands, for now it is time to depart once again.

We know the magic of trance, that the way back is always faster. Know again that you can return here, that you can once again see this symbol, whenever you wish. That you can do deep work in this space.

Let the mists roll in again, surrounding you, supporting you, focusing your world into a slightly smaller space. Breathe for a moment in this mist, and feel yourself settled back into your body. Feel your breath in your chest, begin to move your fingers and toes. Let yourself come back to the physical world, and when you are ready, open your eyes and rejoin this world.